

ZEN FAR INFRARED SAUNA



**Instruction Manual
for 2 and 3 person sauna**



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Please read and follow all instructions

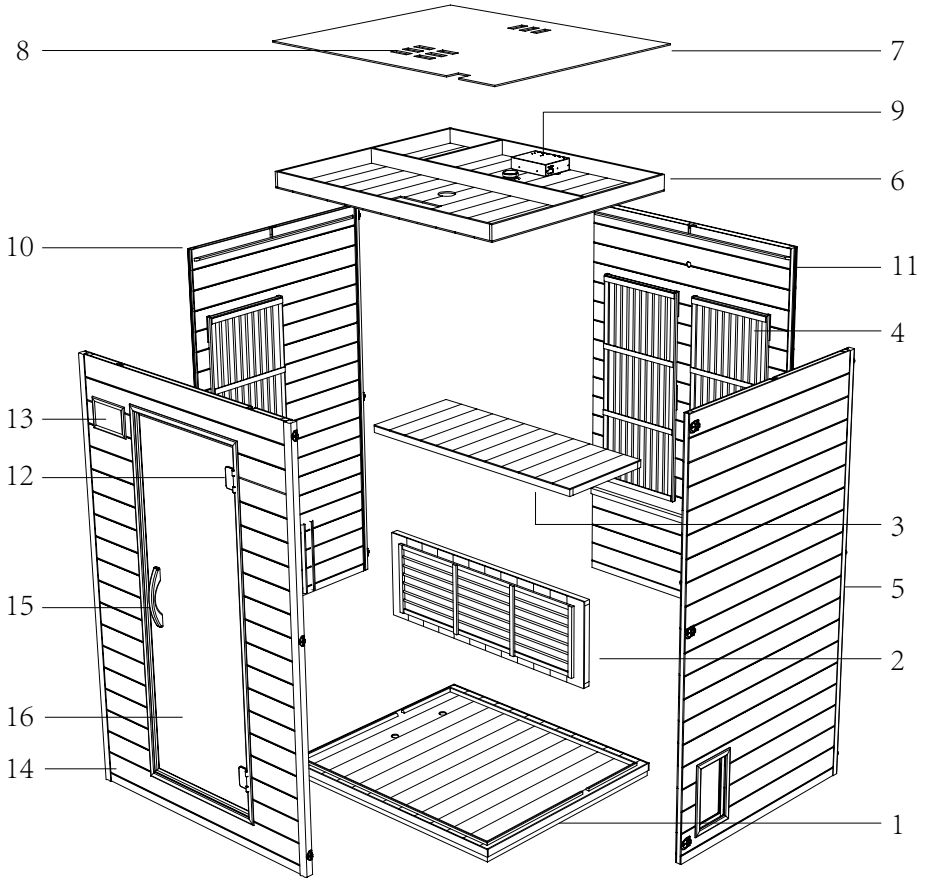
1. The door of the heated room do not include any locking or latching system which could cause entrapment inside the sauna.
2. **CAUTION:** Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 37°C (98.6°F). The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia include:
 - a) Failure to perceive heat;
 - b) Failure to recognize the need to exit the room;
 - c) Unawareness of impending hazard;
 - d) Fetal damage in pregnant women;
 - e) Physical inability to exit the room; and
 - f) Unconsciousness.
3. **WARNING:** The use of alcohol, drugs, or medication is capable of greatly increasing the risk of fatal hyperthermia.
4. **WARNING:** to reduce the risk of electrocution and burns, do not operate unless heater guard is correctly in place.
5. Persons with health conditions should consult their physicians before using sauna.
6. **CAUTION:** do not place combustible material on or against heater at any time.
7. Exit immediately if you feel uncomfortable, dizzy or sleepy.
8. Supervise children at all times.
9. **WARNING:** reduce the risk of electrocution by disconnecting power supply before servicing.
10. Remove all jewellery before you enter the sauna.
11. To prevent electrical shock, do not use metal tools on the far infrared elements.

Installation requirements

- a. Do not plug any other appliances into the outlet with your our infrared sauna.
- b. Install the sauna on a completely level floor.
- c. Do not spray the exterior with water. If the area you are installing the sauna has a tendency for dampness, place rubber matting or some other suitable barrier underneath the sauna.
- d. Do not store flammable objects or chemical substances near the sauna.

Save these Instructions

Structure of ZEN Infrared Sauna



1. Bottom panel

2. Bench support

3. Bench seat

4. Carbon panels

5. Right side panel

6. Internal top panel

7. External top panel

8. Vent

9. Electronic controls

10. Left panel

11. Back panel

12. Door hinge

13. Control panel

14. Front panel

15. Door handle

16. Glass door

Installation

The two person sauna comes into two cartons.

The three person sauna comes in three cartons.

Make sure all components are included before commencing assembly.

- a. Place the bottom panel in the desired location and make sure the 'front' of the bottom panel is placed in the correct direction.

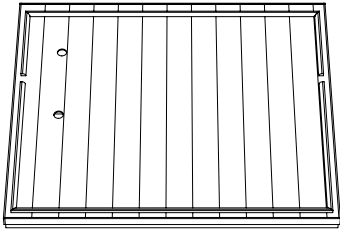


Fig.1 Place the bottom panel

- b. Align the back panel with the corresponding battens on the bottom panel making sure they are in the same line. One person should hold the back panel while the other person continues to the next step.

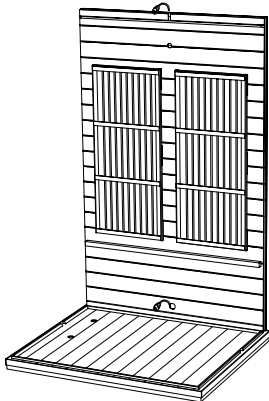


Fig. 2 Assemble the back panel

- c. Align the left panel with the bottom panel and the corresponding battens. Make sure the left panel fits flush into back panel.

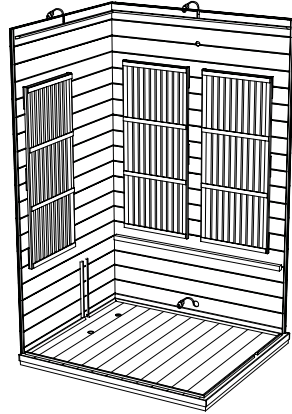


Fig. 3 Assemble the left panel

- d. The latch has a guide tab that must be placed in the guide slot for alignment. Pick up the back panel (hold it upright to the floor panel) and place the tab in the slot but do not latch yet. When the back and side panel are all together on the floor, panel you can now close and latch it.

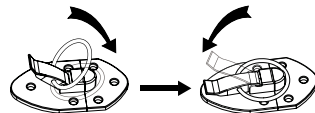


Fig. 4 Latching

- e. Align the right panel with the bottom panel and make sure it fits correctly into the battens. Latch this together.

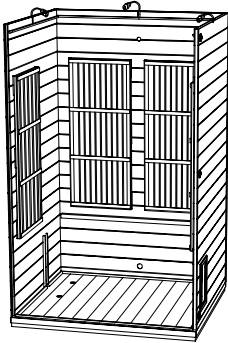


Fig. 5 Assemble the right panel

- f. Slide the bench support down vertically into the slot within the left and right panel. Securely connect the heating element wire to the corresponding wire from the back wall.



Fig. 6 Connecting the wires

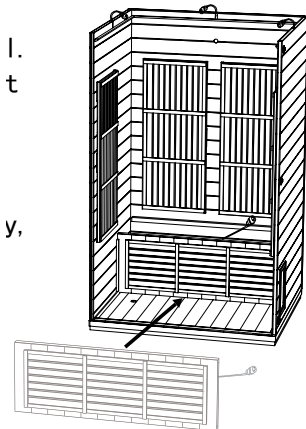


Fig. 7 Assemble the bench support

- g. Put the bench seat on the corresponding battens of the back board.

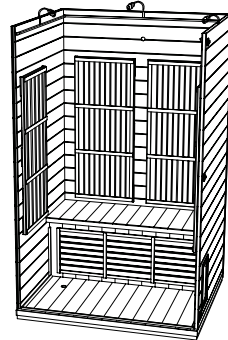


Fig. 8 Placing the bench seat

- h. Align the front panel with the corresponding battens on the bottom panel. Then latch it with the left and right panels. Please take caution with the glass panel.

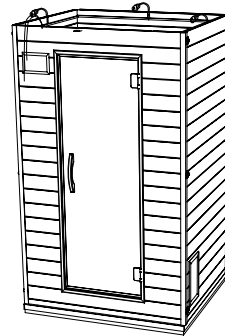


Fig. 9 Assemble the front panel

- i. Put any wires into from the front and back panels back into the centre of the sauna cabinet to avoid pressing them when installing the internal top board.

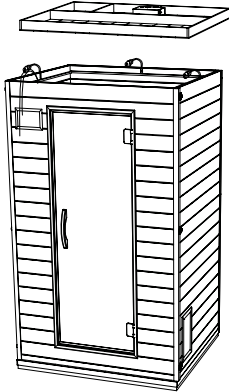


Fig. 10 Placing the internal top panel

- j. While you are placing the internal top panel, make sure all wires and connecting plugs are slipped through the corresponding holes of the top board. All these wires should be connected to the controller in the internal panel.

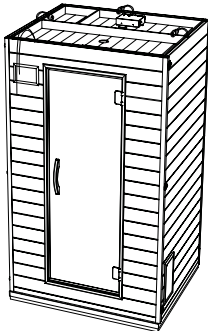


Fig. 11 Connecting all wires onto the internal panel through the corresponding hole

- k. Connect all the wires and connectors to the corresponding outlets on the top board. Make sure connections are tight and secure.

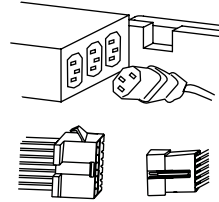


Fig. 12 Connect all wires

- l. Installation should now be complete. Plug in the power and turn the sauna on at the control panel.
- m. The last step is to secure the external top panel over the internal top panel. Align the top panel and secure it with the screws supplied.

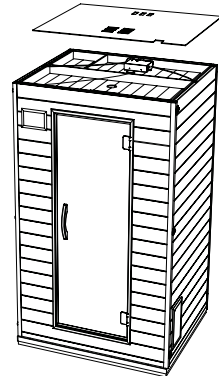


Fig. 13 Securing the external top panel

Operation

1. General precautions

- Check all the circuitry and the plugs meet all requirements.
- Set the temperature and time to a comfortable level, normally, 60 minutes at 50°C-65°C(122°F-149°F).

Note: If ambient temperature is lower than 18.3°C(65°F), please set the temperature at about 50°C(122°F); and if ambient temperature is higher than 18.3°C(65°F), please set the temperature at about 65°C (149°F).

- Drink a cup of water before the sauna session.
- After 2 hours of continuous use, shut the sauna down for one hour.
- To avoid burns, do not touch the heating element.
- If the sauna becomes too warm, open the vent in the ceiling or open the front door.
- After your sauna session, turn off, and unplug the power cable.

2. Control panel operation

a. Turn On/Off

Plug the sauna into a proper wall outlet. Do not share the outlet with any other appliance.

When electricity is turn on at the wall outlet, the system will beep twice which means power is reaching the sauna. Press “ON/OFF”

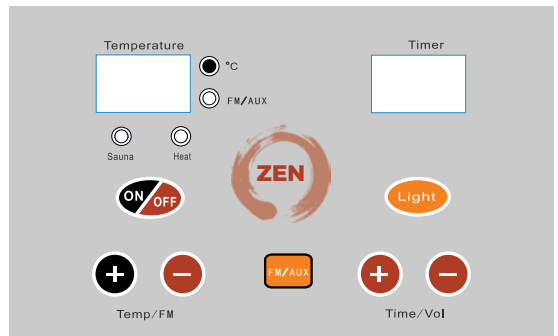
on the control panel to activate the system. Temperature displays current temperature. Timer displays setting time of last sauna session. If current temperature is lower than the temperature you have selected, the heating function will start to work. Press the “ON/OFF” button again to turn the sauna off. All heating will stop.

b. Light On/Off

Press the “Light” button to turn the light on and off.

c. Temperature setting

Press temp “+” and “-” to adjust temperature. Adjustment range is 30°C-65°C (122°F - 140°. When the “Heat” indicator lamp is on, each time the “+” button is pressed, temperature will increase one degree. If pressed for three seconds, the temperature setting will increase quickly. Each time the “-” button is pressed, temperature will decrease



by one degree. If pressed for three seconds, the temperature setting will decrease quickly. When the internal temperature of the sauna reaches the setting temperature, the “Heat” indicator lamp will turn off and the heating function will stop. When temperature displays 2°C lower than selected setting temperature, the “Heat” indicator lamp will turn on and the heaters will start to heat again.

The temperature can be displayed in either Centigrade and Fahrenheit. Press the temperature button “+” and “-” then press “Light” to confirm switch.

d. Time setting

Press time “+” and “-” to adjust time. Adjustment range is 5-60 minutes. Each time “+” button is pressed, time will increase by one minute. If pressed for three seconds, the time setting will increase quickly. Each time the “-” button is pressed, time will decrease by one minute. If pressed for three seconds, the time setting will decrease quickly. When the display reads “05”, the timer will beep and the sauna will shut off automatically after 5 minutes. To extend the sauna session, reset the timer again. When working time reaches the setting time, the indicator lamp will turn off and the heater will stop heating. At this time, the sauna will beep twice to indicate the sauna session is over.

e. AUX/FM Function

When the sauna power is on, press the “FM/AUX” button to switch between AUX and FM function. When music or radio playing, press the Time/Vol “+” and “-” button to adjust volume. When FM has been selected, press the Temp/FM “+” and “-” button to select different frequencies. Under AUX state, press the “FM/AUX” button to stop music.

Cleaning And Maintenance

Cleaning

Do not use liquid or aerosol cleansers inside the sauna. Unplug the sauna room from the wall outlet before cleaning. Use plain water and a soft cloth for cleaning. Do not use benzene, alcohol or strong cleaning chemicals on sauna.

NOTE: Use of chemicals will damage the wood and any natural protection layer inherent in the wood.

Transportation and storage

1. Avoid exposure to rain, snow or strong collisions during transport.
2. Do not store in damp environments.

Trouble Shooting

PROBLEM	POSSIBLE REASON	COUNTER MEASURE
Indicator light for power supply not working	<ul style="list-style-type: none"> • The connector is not connected properly • No power supply input • Indicator light is broken 	<ul style="list-style-type: none"> • Check the connector or replace if broken • Check the circuitry (especially whether there is power supplying the input) • Replace the circuitry panel
Indicator light for function is not working	<ul style="list-style-type: none"> • The heating indicator light is broken • The circuit board or components are broken • The temperature sensor is broken 	<ul style="list-style-type: none"> • Replace the relevant control panel • Replace the circuit board • Check if the connection is tight
Infrared Heater not heating up	<ul style="list-style-type: none"> • The heater is broken • The wire connection has loosened • The circuit board of the relay is not working 	<ul style="list-style-type: none"> • Replace with a new heater of the same specifications • Check the connection to make sure they are all secure • Replace the circuit board
Odour coming from sauna	Issue with the electrical control board	<ul style="list-style-type: none"> • The temperature has gone over the high cut off range and the power supply may need to be replaced • Parts of the circuitry have broken
Light bulb is not working	<ul style="list-style-type: none"> • Light bulb has burnt out • Light bulb wiring is loose • Problems with the electrical control panel 	<ul style="list-style-type: none"> • Replace the light bulb • Replace the lamp holder • Repair or replace it
Sauna does not power up	<ul style="list-style-type: none"> • Power cord is unplugged • Outlet has no power • Power supply or circuit panel is broken 	<ul style="list-style-type: none"> • Connect power correctly • Check outlet or circuit breaker • Replace the power supply or related circuitry board
The temperature display show "EP"	<ul style="list-style-type: none"> • The connector of temperature sensor is loose or sensor damaged 	<ul style="list-style-type: none"> • Tighten the connector of temperature sensor or change to a new temperature sensor.
The temperature display show "H"	<ul style="list-style-type: none"> • The temperature inside the sauna room is too high 	<ul style="list-style-type: none"> • Turn off the unit, and contact the manufacture.
The speakers are not working	The speaker is broken	Replace speaker with one of the same specifications

Warranty

Congratulations on purchasing the Zen Infrared Sauna. This is your warranty card. To activate your warranty, please register online at warranty.vitality4life.com

Vitality 4 Life warrant this the Zen Infrared Sauna to be free from defects in materials and workmanship while in normal domestic use for a period of 1 year from the original date of purchase.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

DO NOT RETURN TO PLACE OF PURCHASE OTHER THAN VITALITY 4 LIFE

Please follow these instructions to receive faster service:

1. Note the product model and the serial number.
2. Contact Vitality 4 Life.

TERMS OF PRODUCT WARRANTY COVERAGE

Vitality 4 Life provides the Product Warranty coverage as further described below and limited to the terms and conditions hereof:

1. If the The Zen Infrared Sauna exhibits a defect while in normal domestic use, within the warranty period; we will, at our option, either repair or replace the machine or defective part free of charge.
2. To activate your warranty, you can register online within 30 days, or send all the details by email to warranty@vitality4life.com
3. In the event that the warranty period for a product has expired, or if a Product does not qualify for warranty service, repair or replacement, consumers may still buy replacement parts or have products repaired by one of Vitality 4 Life's Service Centres. Please contact Vitality 4 Life for further information.
4. Do not send the product back to the service centre without return authorization form.
5. In no event shall our liability exceed the retail value of the product. We make no warranty with respect to parts from a source other than Vitality 4 Life.

All exchanged or substitute parts and products replaced under warranty service will become the property of Vitality 4 Life. Repaired or replaced products or parts thereof will be warranted by Vitality 4 Life for the balance of the original warranty period.

WARRANTY DOES NOT COVER

- Damage, accidental or otherwise, to the Product, not caused by direct defect in factory workmanship or materials.
- Damage due to abuse, mishandling, alteration, misuse, commercial service, tampering, accident, failure to follow care, operating and handling provisions indicated in the instructions.
- Damage caused by parts or service not authorized or performed by Vitality 4 Life.
- Some states do not allow the exclusion or limitation of incidental or consequential damages. So the above limitations may not apply to you in the case of damage in shipment. If your Zen Infrared Sauna was damaged in shipment, immediately report this type of damage to the parcel carrier and have them file an inspection report with Vitality 4 Life.
- You have rights and benefits under the consumer laws in your jurisdiction. Without detracting from these rights or benefits, Vitality 4 Life excludes all liability in respect of this product for any other loss which is not reasonably foreseeable from a failure of this product, which may include liability for negligence, loss of expenditure associated with the product and loss of enjoyment.

Please follow these instructions when making a warranty claim:

1. You must inform Vitality 4 Life as soon as the warranty claim arises and provide a visual documentation of the fault.
2. If the warranty claim is not accepted:
 - a) Vitality 4 Life will inform the customer;
 - b) If requested to do so by the customer, Vitality 4 Life will repair the product provided the customer pays the usual charges for such repair; and
 - c) If applicable the customer will be responsible for all costs associated with collection of the product from Vitality 4 Life.

VITALITY 4 LIFE SUPPORT & SERVICE CENTRES

Vitality 4 Life – Australia & New Zealand

Email: support@vitality4life.com

Website: www.vitality4life.com.au

Vitality 4 Life – United Kingdom

Email: support@vitality4life.co.uk

Website: www.vitality4life.co.uk

Vitality 4 Life - United States

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Website: www.vitality4life.com

Vitality 4 Life – France

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